

# Riverside Meadows Intermediate School

## November, 2016

### Breakfast

	1	2	3	4
	Breakfast Burrito	Muffin Choice	Fruit and Yogurt Parfait	Sausage and Pancake Breakfast Stick
	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
7	8	9	10	11
Sausage Breakfast Sandwich	Bagelful	Waffle	Breakfast Pizza	HOLIDAY
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Veteran's Day
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	HOLIDAY
14	15	16	17	18
Whole Grain Doughnut	Breakfast Burrito	Muffin Choice	Fruit and Yogurt Parfait	Sausage and Pancake Breakfast Stick
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
21	22	23	24	25
HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY
Thanksgiving Break				
HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY
28	29	30		
Sausage Breakfast Sandwich	Bagelful	Waffle		
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick		
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese		

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

**Menu Subject To Change Without Notice**

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## November, 2016

Lunch

	1	2	3	4
	Pretzel Bites with Cheese Dip	Jumbo Corn Dog	BBQ Rib Sandwich	Primo Pepperoni Pizza Slice
	Ultra Bean and Cheese Burrito	Sunflower Butter and Jelly Sandwich with Cheese Stick	Vegetarian Burger	Primo Cheese Pizza Slice
	Steamed Green Beans	Roasted Sweet Potatoes	Roasted Corn	Steamed Carrots
7	8	9	10	11
Fiesta Nada (Taco Pocket)	Chicken Taquitos	Popcorn Chicken	Teriyaki Chicken and Rice	HOLIDAY
Cheese Enchiladas	Ultra Bean and Cheese Burrito	Grilled Cheese Sandwich	Vegetarian Egg Roll with Rice and Sunflower Seeds	Veteran's Day
Black Beans	Salsa Cup	Potato Wedges	Roasted Carrots	HOLIDAY
14	15	16	17	18
Mac N Cheese and Corn Bread	Beef Crunchy Tacos	Mini Corn Dogs	Hamburger	Pepperoni Galaxy Personal Pizza
Ultra Bean and Cheese Burrito	Cheese Quesadilla	Sunflower Butter and Jelly Sandwich with Cheese Stick	Vegetarian Burger	Cheese Galaxy Personal Pizza
Roasted Broccoli	Smooth Refried Beans	Seasoned Curly Fries	Potato Wedges	Steamed Carrots
21	22	23	24	25
HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY
Thanksgiving Break				
HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY
28	29	30		
Italian Calzone	Nacho Pack	Chicken Strips		
Cheese Quesadilla	Ultra Bean and Cheese Burrito	Grilled Cheese Sandwich		
Roasted Carrots	Zesty Pinto Beans	Corn Cob		

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

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